CLAIMS

- 1. An isolated mesenchymal stromal stem cell (MSSC) that has been differentiated *in vitro* towards, or to, an intervertebral disc (IVD) cell phenotype for use as a medicament.
- 2. An isolated mesenchymal stromal stem cell (MSSC) characterised in that it is:
 - a) differentiated in vitro towards, or to, a intervertebral disc (IVD) cell phenotype; and
- b) genetically transformed with an exogenous gene which codes for a protein that reduces degeneration of an intervertebral disc.
- 3. The isolated mesenchymal stromal stem cell according to claim 1 or 2 wherein the cell produces an extracellular matrix.
- 4. The isolated mesenchymal stromal stem cell according to claim 3 wherein the extracellular matrix is identifiable as an IVD extracellular matrix and is distinguishable from an extracellular matrix produced by a chondrocyte.
- 5. The isolated mesenchymal stromal stem cell according to claim 4 wherein the IVD matrix is characterised by at least one:
 - (a) aggrecan gene expression is greater than collagen type II gene expression;
 - (b) the proteoglycan versican is expressed; or
 - (c) the GAG: hydroxproline ratio (i.e proteoglycan: collagen ratio) is greater than 10:1.
- 6. The isolated mesenchymal stromal stem cell according to any preceding claim that is derived from blood, bone marrow, or adipose tissue.
- 7. The isolated mesenchymal stromal stem cell according to claim 6 that is derived from bone marrow in the sternum, femur or iliac crest.
- 8. The isolated mesenchymal stromal stem cell according to any preceding claim wherein the MSSCs are differentiated using any one of the steps:

(a) growth in a IVD cell induction medium containing TGF β , CDMP1 or CDMP2;

- (b) encapsulation of the MSSC;
- (c) application of Load to the MSSCs;
- (d) Co-culture of MSSCs with Nucleus Pulposus cells/IVD cells;
- (e) Culture of the MSSCs in conditioned media in which IVD cells have previously been grown;
- (f) Culture in low oxygen tensions; or
- (g) Genetically transformed using a gene regulator of IVD cell differentiation
- 9. The isolated mesenchymal stromal stem cell according to claim 8 wherein differentiation is effected by using any combination of steps (a), (b), (c), (d), (e) (f) and (g).
- 10. The isolated mesenchymal stromal stem cell according to claim 9 wherein the MSSCs are differentiated by encapsulating MSSCs in a gel; and growing the encapsulated cells in a medium for up to 5 weeks during which time a cyclical load equivalent to that experienced in vivo is exerted using hydraulic or other methodology
- 11. The isolated mesenchymal stromal stem cell according to claim 10 wherein the media is an induction medium according to claim 8(a).
- 12. The isolated mesenchymal stromal stem cell according to claim 10 wherein the media is a conditioned medium according to claim 8(e).
- 13. The isolated mesenchymal stromal stem cell according to claim 10 wherein the MSSCs are co-cultured with cells according to claim 8(d).
- 14. The isolated mesenchymal stromal stem cell according to any one of claims 11 13 wherein the oxygen pressure is reduced to less than 5% of the atmosphere in which the cells are cultured.
- 15. The isolated mesenchymal stromal stem cell according to any one of claims 2- 14 wherein the exogenous gene may be selected from the group of genes encoding proteins involved in the regulation of inflammation and the group comprises genes encoding cytokines; inhibitors of cytokines; and inhibitors of degradative enzymes

16. The isolated mesenchymal stromal stem cell according to any one of claims 2- 15 wherein exogenous gene encodes Interleukin 1 Receptor Antagonist (IL-1RA).

- 17. A use of a cell according to any one of claims 1 –16 in the manufacture of a medicament for the treatment of spinal conditions characterized by degeneration of the intervertebral disc.
- 18. The use according to claim 17 wherein the spinal condition is Low Back Pain, degeneration of the intervertebral disc, age-related changes of the intervertebral disc or spondylolysis.
- 19. The use of a cell according to claims 17 or 18 wherein the cells are for direct injection into an IVD exhibiting DIVD.
- 20. The use of a cell according to claims 17 or 18 wherein the cells are for seeding onto or into biomaterial scaffolds or gels.
- 21. A method of treating spinal conditions characterized by degeneration of the intervertebral disc comprising administering to a diseased intervertebral disc of a subject in need of such treatment an isolated MSSC that has been differentiated *in vitro* towards, or to, an IVD cell phenotype.
- 22. A method of treating spinal conditions characterized by degeneration of the intervertebral disc comprising administering to a diseased intervertebral disc of a subject in need of such treatment an isolated MSSC, wherein said MSSC has been has been:
 - (a) differentiated in vitro towards, or to, a IVD cell phenotype; and
 - (b) genetically transformed with an exogenous gene which codes for a protein that reduces degeneration of an intervertebral disc.
- 23. A method for causing mesenchymal stromal stem cells to differentiate towards IVD cells comprising exposing cultured mesenchymal stromal stem cells to increasing pressures of up to 30 psi (2.1MPa).
- 24. A method for causing mesenchymal stromal stem cells to differentiate towards IVD cells comprising co-culturing NP cells and mesenchymal stromal stem cells (MSSCs) together.

25. A method for causing mesenchymal stromal stem cells to differentiate towards IVD cells comprising culturing mesenchymal stromal stem cells in media that has previously been exoposed to NP cells.

- 26. A method for causing mesenchymal stromal stem cells to differentiate towards IVD cells comprising culturing mesenchymal stromal stem cells in an atmosphere in which oxygen pressure is reduced to less than 5%.
- 27. A method for causing mesenchymal stromal stem cells to differentiate towards IVD cells comprising encapsulating MSSCs in a gel and growing the encapsulated cells in a medium for up to 5 weeks during which time a cyclical load equivalent to that experienced in vivo is exerted using hydraulic or other methodology
- 28. The method according to claim 27 wherein the media is an induction medium as defined in claim 8(a).
- 29. The method according to claim 27 wherein the media is a conditioned medium as defined in claim 8(e).
- 30. The method according to claim 27 wherein the MSSCs are co-cultured with cells according to claim 8(d).
- 31. The method according to any one of claims 27 –30 wherein the oxygen pressure is reduced to less than 5% of the atmosphere in which the cells are cultured.